



## **Confirmation: Rite for Life**

### Study Guide

1. How are the sacraments foundations in our Christian lives? What sacraments have you already received? How have they helped you in your life as a Christian?
2. What role does the Holy Spirit have in the sacrament of Confirmation?
3. When have you relied on the gift of grace to strengthen you in your life as a Christian?
4. How was the sacrament of Confirmation celebrated in the early Church?
5. Why was the bishop's anointing separated from the sacrament of Baptism and changed into its own sacrament?
6. What are some of the symbols used in the ritual of Confirmation?
7. Give an example of how you could use the following gifts of the Holy Spirit in your everyday life: wisdom, counsel, understanding, knowledge, courage, reverence, awe of the Lord?
8. Your Confirmation sponsor is a very important person. How are you going to choose one? What are some ways you might be helped by your sponsor?
9. How do you expect to be different after you have received the sacrament of Confirmation?